

# National Seniors Australia ~ Centenary Branch

## DECEMBER 2021- Newsletter

<https://nationalseniors.com.au/get-involved/branches/centenary>

**Attention Members! The following information is correct as on 29 November 2021. We cannot guarantee that rules and restrictions will not change in the future. From next year, all attendees at our meetings will have to show they are double vaccinated in order to enter the meeting room. We must also continue to 'check in'.**

Please consult:

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/queensland-restrictions-80-percent-vaccination>

for updates.

These changes will commence on 17 December 2021, regardless of when 80% of Queenslanders aged 16 and over are fully vaccinated.

*The following information is from this website, copied on 29 November 2021*

<https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines/certificates>

*Your COVID-19 digital certificate or written record*

Your digital vaccination certificate is updated when you receive each dose of vaccine. This includes a [third dose](#) if you are someone with severe immunocompromise or if it is your [booster dose](#).

You can see it in your Medicare account through:

- the [Express Plus Medicare app](#)
- [myGov](#).

You will need to link your myGov account to Medicare.

You can also see your digital certificate in [My Health Record](#)

You can also call the [Australian Immunisation Register](#) (AIR) and ask them to send your statement to you.

### *Eased restrictions for businesses*

From 17 December 2021, there will be no capacity restrictions on businesses that are only permitted to allow fully vaccinated people to attend, including:

- hospitality venues such as hotels, pubs, clubs, taverns, bars, restaurants or cafes
- indoor entertainment venues such as nightclubs, live music venues, karaoke bars, concerts, theatres or cinemas
- outdoor entertainment activities such as sporting stadiums or theme parks

- festivals – either indoor or outdoor – such as musical festivals, folk festivals or arts festivals
- Queensland Government owned galleries, museums or libraries.

There will be visitor restrictions for unvaccinated people in vulnerable facilities including hospitals and healthcare facilities.

### *Essential services and activities*

Both fully vaccinated and unvaccinated people will be able to access essential services and activities.

This means unvaccinated people will still be able to go to grocery stores, pharmacies, post offices, newsagents and clothing stores, and participate in activities like going to the gym for exercise.


Capacity restrictions may still be in place at these types of businesses.

**People will still need to check-in to venues.** This is important to support contact tracing if there is a case at a venue. Vaccinated people can still carry the virus, although the risk is reduced.

The Check In Qld app has been updated so you can now show your COVID-19 vaccination status ✓

From 17 December, proof of vaccination will be required in some businesses and hospitality and entertainment locations.

We've rolled out an important update to the Check In Qld app so you can quickly and easily show your vaccination status when checking in to venues such as live entertainment venues, galleries and museums, cafés, restaurants and bars, and sporting stadiums.... See more



# HOW TO LINK YOUR VACCINATION STATUS

- 1 Update your Check In Qld app using the App Store or Google Play store.
- 2 Open the app, select the menu in the top left corner, and select COVID-19 Digital Certificate
- 3 At the bottom of the screen, select Add certificate via myGov.
- 4 Next, log in to myGov. You may need to answer a secret question or enter a security code.
- 5 Scroll to Quick links and select Go to Medicare. On the next screen, select View history.
- 6 At the bottom of the screen select Share with check in app and select Share again.
- 7 On the following windows, select Accept and share and Accept.

**Congratulations!**  
You're done.

# National Seniors Australia ~ Centenary Branch

## DECEMBER 2021 - Newsletter

### MESSAGE

Good morning members –

“The best things in life are free.”

We've all heard that before, and should never forget it. Just around us in Brisbane, there are extensive parks and gardens. Access is easier if you have a car, but some, like the Roma St Parklands, or Southbank or the botanical gardens, are quite reachable with public transport. We can go to the beach, take a ferry to an island, or venture to the Gold Coast for the day. If some of us have lived in far away countries, we probably felt that these 'natural' environments were taken for granted to some extent, so let's appreciate them, use them when we can (especially in warm weather), and enjoy the considerable benefits of life in Brisbane. Getting out of the house and being in a bush setting relaxes the body, lowers the blood pressure, and calms the mind, and you can arm yourself with insect repellent, a hat and sunscreen to enjoy nature without its drawbacks. In this simple way you can enjoy a day or a morning or afternoon 'out'. Not to forget them, the gardening enthusiasts among us are also benefiting from the combination of outdoors, greenery, and the satisfaction of working to improve the environment in which we live.

However, although there are many pleasant experiences that cost little or nothing, it's nice to have the means to pay for simple inexpensive luxuries like attending a Centenary Seniors monthly meeting; catching up with people and having a chat, not to mention our kitchen crew's delicious morning tea, prepared and delivered each month with grace and cheerfulness. For some members, it may be difficult to participate in our activities, due to financial circumstances, and they may not be able to afford homes that are cool in summer, warm in winter, and presentable enough to enjoy family or friendly visits. So while it's largely true that the best things in life are free, as we age, we also benefit from comforts that are no longer luxuries, but which make a real difference to the quality of life. Our parent organisation, National Seniors, lobbies on everyone's behalf to improve lives and get a better deal for those who can only just make ends meet (usually after many years of faithfully discharging the responsibilities of child rearing, and doing the best financially in the circumstances). But it's not just those of us who need material support: we all want to feel that we can rely on an aged care system that will ensure we have dignity and high quality care when we need it, and the system is a far cry from that at the moment. We know it needs a big shake up. On this issue, National Seniors is active on our behalf, trying to make sure that frail or sick seniors' needs are not forgotten or ignored, (as too often they are at present), and pressuring governments to listen and respond to our representations regarding our old age care needs. Let's hope that in the next 12 months there is some real progress on this front.

For this last President's report of the year, on behalf of all members, I would like to thank all the committee members and helpers who help make our group function well and enable the smooth running of the Centenary branch of National Seniors. We'll come together again on the first Tuesday in February to enjoy and look forward to another great program of activities in 2022. Wishing everyone a Merry Christmas, and I hope to see you all next year.

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**BIRTHDAYS:** Best wishes are extended to all our valued members celebrating birthdays during December/January. We hope you have a wonderful day.

**MANY HAPPY RETURNS**



**If anyone knows of a member having a special birthday (i.e. 80,85,90, 95 etc) please**

advise Anne Munro.

## CHRISTMAS TOY DRIVE

Councilor Sarah Hutton is running a Christmas Toy Drive for underprivileged local kids and would like support by donations of brand new and unwrapped toys for children aged 0-17. They can be dropped at her office before 16<sup>th</sup> December.

## UPCOMING EVENTS:

Tuesday 15<sup>th</sup> February 2022 – Explorer Trip cruise on Brisbane River, with morning tea. Lunch at Breakfast Creek Hotel. Cost \$65 which must be paid at February Meeting.

Sunday 15<sup>th</sup> May 2022 (to be confirmed) – 8days 7nights - Trip to Roma/Emerald/Carnarvon Gorge. Itinerary attached.

**PLEASE NOTE; FULL PAYMENT FOR BUS TRIPS IS TO BE MADE AT THE MONTHLY MEETING BEFORE TRIP. NAME BADGES ARE COMPULSORY FOR ALL BUS TRIPS.**

**BRANCH REFUND POLICY FOR BUS TRIPS:** The bus is booked the Thursday before we travel. For cancellations after this date, except for medical emergencies, money will not be refunded

**BANK DETAILS ARE:-** BSB 084259, ACCOUNT 821660559 Centenary National Seniors.

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**All apologies for Committee Meeting and General Meeting please advise Anne Munro by email [Secretary.nsacb@gmail.com](mailto:Secretary.nsacb@gmail.com). Or text to 0411 564 267.**

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## CONTACTS

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|---|-----------------------|------------------------|
| PRESIDENT/EXPLORER TRIPS                | FRANCES               | 0438 638 079           |
| VICE-PRESIDENT                          | BEV                   | 0424 525 230           |
| SECRETARY                               | ANNE                  | 0411 564 267           |
| TREASURER                               | GEOFF                 | 3715 7874              |
| NEWSLETTER                              | CHERYL                | 0407597812             |
| COACH TRIPS                             | ANN                   | 3376 3760/0432 630 721 |
| DINNERS, FUNCTIONS                      | JENNY                 | 3376 3616              |
| MAHJONG                                 | JUDY HUNOLD/JO MURRAY | 3378 4935/ 0406413836  |
| STEADY STEPS /CHANGES TO ADDRESS/PH NOS | GEOFF HARVEY          | 3715 7874              |
| HEART FOUNDATION WALKING MT OMMANEY     | SEE DOREEN FLYNN      |                        |
| MUSIC AT THE HUB                        | MARJORIE              | 3376 2030              |

**Do you know of any Centenary Seniors members who are unwell? Often we do not know of anyone who has been unwell or in hospital. If you know of any members please call Carol Uren on 0415 722 940.**

Meetings are first Tuesday each month, February to October, except November (first Wednesday) at the Jindalee Bowls Club at 9.30am. Secretary: Anne Munro , [secretary.nsacb@gmail.com](mailto:secretary.nsacb@gmail.com). P.O. Box 470 Mt Ommaney. 4074.

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## **Christmas Jokes That Will Get You In The Holiday Spirit**

### **1. How did the ornament get addicted to Christmas?**

He was hooked on trees his whole life.

### **2. Why was Santa's little helper depressed?**

Because he had very low elf esteem.

### **3. What does the Grinch do with a baseball bat?**

Hits a gnome and runs.

### **4. What do you call a broke Santa Claus?**

Saint-nickel-less.

### **5. What do you call a kid who doesn't believe in Santa?**

A rebel without a Claus.

### **6. Why did Frosty ask for a divorce?**

His wife was a total flake.

### **7. Why does Scrooge love reindeer so much?**

Because every single buck is dear to him!

### **8. What do you get when you cross a duck with Santa?**

A Christmas quacker.

### **9. What's Santa's favorite snack food?**

Crisp Pringles.

### **10. Why do mummies like Christmas so much?**

They're into all the wrapping.



## **PROFILE – LAUREL PEARCE**

**This is a change for me as I am not used to talking about myself. I was born in Brisbane, grew up in Sherwood, lived in Tarragindi for 38 years and now live in Corinda. I have seen a great deal of change in the Sherwood area. I remember the old steam engines pulling along red wooden carriages and now I travel to the city by electric trains.**

**I commenced school at Sherwood State School in 1950 in prep I. I attended Indooroopilly State High School for 2 years where I took a commercial course. I was 16 years old when I started work at Butler Bros. in Creek and Adelaide Sts as a junior office girl and was promoted eventually to secretary to the Credit Manager. I left Butlers when I turned 21 for a working holiday in New Zealand. When I returned home I worked at Motor Supplies at Rocklea in their office. My Christian learning started when I attended Sunday School at St. Matthews Anglican Church in Sherwood. I later taught Sunday School there and belonged to the Girls Friendly Society (G.F.S.) from junior years to senior. I married in this church in 1969. Ken and I sadly divorced in 2011. I have 2 children, now 50 and 48 and 4 lovely grandchildren.**

**My business life started when Ken and I opened K & L Butchery in Salisbury in the early 70's. Our company, K.L.C.O. Pty Ltd commenced in 1975. We had a hectic working life in the meat industry and operated several businesses namely Pearce and Sons Meat Traders at Coopers Plains; Qld. Wholesale Meats at Brisbane Abattoirs; a meat-boning room at the Toowoomba Abattoirs and a wholesale division at Loganholme. During the Christmas period, our busiest time, we employed up to 17 butchers at our retail shop. This of course was the best education I would possibly have had, in self confidence and experiencing all that life sometimes throws at you. After many years of long hours and hard work we sold our shop in 2003.**

**To improve the quality of our beef sold to our customers, we decided to buy a cattle property in the 70's named *Glenelg* in the country town of Wandoan, 5hrs drive from Brisbane. This proved an expensive and fruitful operation as we could offer our customers beef DIRECT FROM Paddock to Plate. Every Easter for the holidays we would take our children to Wandoan so that they could experience and learn about country life, as over the years we employed 23 full-time managers and their families to look after the property. We killed our cattle mainly at Toowoomba Abattoirs and sourced our lambs and sheep from NSW and Victoria, and pigs from local Kingaroy farmers. Our butcher shop at Coopers Plains was the first to establish (MSA) Meat Standards Aust. Quality guaranteed beef in Brisbane and this helped open the pathway for MSA in Australia. We were fortunate to win the CHAMPION PEN OF STEERS in the fat cattle section at the Royal National Show (Ekka) in Brisbane in 1989 with a pen of 3 Braford Santa Gertrudis Cross Steers.**

**I enjoy travelling and for my 50<sup>th</sup> birthday joined my daughter on her working holiday in the UK hiring a car in Ireland and experienced mother/daughter bonding and had a great time.**

**I retired from my working life in 2003 and spend time now with friends and family. I enjoy live theatre and attend old time/new vogue dance classes whenever possible.**

**I wish everyone much laughter and happy days with National Seniors.**

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## CALENDAR 2021/2022

### DECEMBER 2021

|                           |                  |          |                          |      |
|---------------------------|------------------|----------|--------------------------|------|
| Thursday 2 <sup>nd</sup>  | MahJong          | 9.00am   | The Hub                  |      |
| Monday 6 <sup>th</sup>    | Steady Steps     | 9.15am   | Cent.Uniting Church Hall | \$7  |
| Tuesday 7 <sup>th</sup>   | Xmas Party       | 11.30 am | Monier Hotel             | \$40 |
| Wednesday 8 <sup>th</sup> | Lord Mayors Xmas | 9am      | B'bane City Hall         |      |
| Thursday 9 <sup>th</sup>  | MahJong          | 9.00am   | The Hub                  |      |
| Friday 10 <sup>th</sup>   | Lord Mayors Xmas | 9am      | B'bane City Hall         |      |
| Monday 13 <sup>th</sup>   | Steady Steps     | 9.15am   | Cent.Uniting Church Hall | \$7  |
| Thursday 16 <sup>th</sup> | MahJong          | 9.00am   | Monier Hotel             |      |
| Thursday 16 <sup>th</sup> | Lunch            | 12noon   | Monier Hotel             |      |
| Monday 20 <sup>th</sup>   | Steady Steps     | 9.15am   | Cent.Uniting Church Hall | \$7  |

### JANUARY 2022

|                           |                       |                 |                           |     |
|---------------------------|-----------------------|-----------------|---------------------------|-----|
| Thursday 6 <sup>th</sup>  | MahJong               | 9-12noon        | The Hub                   |     |
| Monday 10 <sup>th</sup>   | Steady Steps          | 9.15am          | Cent.Uniting Church Hall  | \$7 |
| Thursday 13 <sup>th</sup> | MahJong               | 9.30am-12noon   | The Hub                   |     |
| Monday 17 <sup>th</sup>   | Steady Steps          | 9.15am          | Cent.Uniting Church Hall  | \$7 |
| Thursday 20 <sup>th</sup> | MahJong               | 9.30am – 12noon | Monier Hotel              |     |
| Thursday 20 <sup>th</sup> | Lunch                 | 12noon          | Monier Hotel Darra        |     |
| Monday 24 <sup>th</sup>   | Steady Steps          | 9.15am          | Cent.Uniting Church Hall  | \$7 |
| Tuesday 25 <sup>th</sup>  | Coffee & Conversation | 10am            | Mt Ommaney Food Court     |     |
| Tuesday 25 <sup>th</sup>  | Committee Meeting     | 1pm             | Mt.Ommaney Library        |     |
| Thursday 27 <sup>th</sup> | MahJong               | 9.30am – 12noon | Monier Hotel              |     |
| Monday 31 <sup>st</sup>   | Steady Steps          | 9.15am          | Cent. Uniting Church Hall | \$7 |

### FEBRUARY 2022

|                            |                       |                 |                                |      |
|----------------------------|-----------------------|-----------------|--------------------------------|------|
| Tuesday 1 <sup>st</sup>    | General Meeting       | 9.30am          | Jindalee Bowls Club            | \$5  |
| Thursday 3 <sup>rd</sup>   | MahJong               | 9-12noon        | The Hub                        |      |
| Monday 7 <sup>th</sup>     | Steady Steps          | 9.15am          | Cent.Uniting Church Hall       | \$7  |
| Wednesday 9 <sup>th</sup>  | Evening Dinner        | 6pm             | Nelsons Bistro J'lee Golf Club |      |
| Thursday 10 <sup>th</sup>  | MahJong               | 9-12noon        | The Hub                        |      |
| Monday 14 <sup>th</sup>    | Steady Steps          | 9.15am          | Cent.Uniting Church Hall       | \$7  |
| Tuesday 15 <sup>th</sup>   | Explorer Trip         | TBA             | Brisbane River Cruise          | \$65 |
| Thursday 17 <sup>th</sup>  | MahJong               | 9.30am – 12noon | Monier Hotel                   |      |
| Thurrsday 17 <sup>th</sup> | Lunch                 | 12noon          | Monier Hotel Darra             |      |
| Monday 21 <sup>st</sup>    | Steady Steps          | 9.15am          | Cent.Uniting Church Hall       | \$7  |
| Tuesday 22 <sup>nd</sup>   | Coffee & Conversation | 10am            | Mt Ommaney Food Court          |      |
| Tuesday 22 <sup>nd</sup>   | Committee Meeting     | 1pm             | Mt Ommaney Library             |      |
| Thursday 24 <sup>th</sup>  | MahJong               | 9.30am– 12noon  | Monier Hotel                   |      |
| Monday 28 <sup>th</sup>    | Steady Steps          | 9.15am          | Cent.Uniting Church Hall       | \$7  |



## **Granite Highlands Maxi- Tours Proposed tour to Emerald 7 Nights 8 Days**

Day 1 7am Pick up Brisbane to Picnic Point Toowoomba for Morning Tea then to Dalby for lunch at Russell Tavern then proceed to Roma with stops as required / Book into Roma Explorers Inn 6.30pm Dinner at Motel Restaurant

Day 2 7.30am Breakfast at Motel Load Coach Visit Info Centre Roma and the Big Rig with tour & morning tea stop/ Roma War Memorial /The Big Bottle Tree and St Pauls Anglican Church then proceed to Injune Hotel for Lunch then proceed to Emerald with Stop at Rolleston and book into the Western Gateway Motel Emerald 6.30 Dinner at Motel

Day 3 7.30am Breakfast at Motel Restaurant 8.30am Depart for the Visitor Info Centre Guided tour around Emerald Visit Emerald Botanic Gardens ,The Big Easel ,morning tea then the Historical Railway Station, to Fairbairn Dam then out to Springsure for lunch at Springsure Tavern then Tour around Springsure visiting the Federation Woolshed and a visit to Old Rainworth Forte and Cattle Station then return back to Emerald 6.30 pm Dinner at Motel Restaurant

Day 4 7.30am Breakfast at Motel 8.30 Depart to Rubyvale for Guided Mine tour /morning tea ,Fossicking ,(at Miners Heritage walk in mine )time to browse the gallery then to Lunch at Royal Hotel Rubyvale then to Sapphire for photo opportunities at the Big Ring, The Big Spanner and the Big Pick and Shovel then to Capella Visit Light horse Monument then proceed back to Emerald 6.30pm Dinner at Motel

Day 5 7.30am Breakfast at Motel & load coach to Blackwater Mining Museum for ,morning tea and Self Guided Tour of the Museum and Japanese Gardens then proceed to Rolleston Hotel for Lunch After lunch head of to Carnarvon Gorge and Book into the Wilderness Lodge 6.30pm Dinner at Lodge Restaurant

Day 6 7.30am Breakfast then Time in Carnarvon Gorge for walking (all day with lunch included)

Day 7 7.30am Breakfast then Load Coach proceed Injune for morning tea stop then to Roma for lunch at The Queens Arms Hotel then to Chinchilla for comfort stop then Dalby for Overnight stay at The Dalby Manor Inn 7pm Dinner at Motel

Day 8 7.30am Breakfast at Motel Load Coach to Highfields Pioneer Village morning tea and Self Guided Tour then to the Downs Steam Railway Museum for Lunch then return back to Brisbane

The all inclusive cost for the 7 nights 8 days to Roma /Emerald & Carnarvon George is \$1560 per person Double or Twin Share  
Single of \$1960 per person