

# National Seniors Australia ~ Centenary Branch

## FEBRUARY 2022 - Newsletter

<https://nationalseniors.com.au/get-involved/branches/centenary>

### President's Report February 2022

The new year has come around in record time, again, and we should gear up for another good year for our club and its members (us!).

### Covid restrictions

Firstly, at the time of writing this, the onerous Covid restrictions that we signalled in the final newsletter for 2021, and that were distributed at the Christmas party in December, were revised on 24<sup>th</sup> December to be a lot less onerous, but still not the carefree world that we once knew.

If you are reading this now, you have arrived safely at the Bowls club on the correct day at the correct time, successfully registered with the Covid check-in app (or had your name and arrival time recorded in writing), worn your mask as you enter the foyer, paid the \$5 as the meeting fee, and confirmed that you do not have any flu-like symptoms, so,

### **Congratulations you made it**

And therefore can join the meeting.

### The year ahead

The committee and I are determined to organise enjoyable and informative meetings and activities for everyone this year, and to help us, we welcome any constructive suggestions and feedback from members, in addition to some useful ideas that we've already received. In return we ask for your continuing participation and support, as you have done in the past.

### Significant birthdays

As we are no longer collecting and keeping records of members' dates of birth, we need your help to know who is having a significant birthday in the meeting 'significant birthday' is 80, 85, 90, 95 or 100. Please tell us if there is any member in this case because we would like to honour the achievement and celebrate the milestone.

### Philosophical thought

Finally, a quote from Albert Einstein, a man who has so many quotes to his name that I'm amazed he had time to create the theory of relativity (between making up quotes, I suppose):

*We cannot solve our problems with the same thinking we used when we created them.*

My New Year's resolution is to remember this quote the next time I am trying to solve a problem.

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**Guest Speaker: Desmond from Qld Cancer Council.**

**BIRTHDAYS:** Best wishes are extended to all our valued members celebrating birthdays during February. We hope you have a wonderful day.

**MANY HAPPY RETURNS**



**UPCOMING EVENTS:**

**Tuesday 15<sup>th</sup> February 2022** – Explorer Trip cruise on Brisbane River. Cost \$65 which must be paid at February Meeting.

**PLEASE SEE ATTACHMENT ‘A’ TO THIS NEWSLETTER.**

**Tuesday 15<sup>th</sup> March 2022.** Coach Trip. Chung Tian Temple at Priestdale. Depart JBC 8.30am.

Constructed in 1992 using traditional Chinese Buddhist architecture the temple was established with the goal of integrating eastern culture into Australian Tradition and follows Chinese Palace Architectural Style employing gold and red in the traditional manner of Chinese Emperors. Morning tea, tour and lunch included.

**Sunday 15<sup>th</sup> May 2022**– 7days 6 nights – Trip to

**Roma/Emerald/Springsure/Rubyvale/Blackwater/Rolleston/Injune/Chinchilla/Dalby.**

**Carnavon Gorge is closed and will not be reopening until 2023. Now 7 days/6nights.**

**PLEASE SEE REVISED ITINERARY ATTACHMENT ‘B’ TO THIS NEWSLETTER.**

**Deposit of \$200 to be paid March Meeting. Balance to be paid May meeting.**

**DAY COACH TRIPS FOR 2022** – PLEASE SEE ATTACHMENT ‘C’ TO THIS NEWSLETTER FOR COACH TRIPS FOR 2022.

**PLEASE NOTE; FULL PAYMENT FOR BUS TRIPS IS TO BE MADE AT THE MONTHLY MEETING BEFORE TRIP. NAME BADGES ARE COMPULSORY FOR ALL BUS TRIPS.**

**BRANCH REFUND POLICY FOR BUS TRIPS:** The bus is booked the Thursday before we travel. For cancellations after this date, except for medical emergencies, money will not be refunded

**BANK DETAILS ARE:- BSB 084259, ACCOUNT 821660559 Centenary National Seniors  
Put reference Trip EM for payments for Emerald trip**

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**CONTACTS**

**PRESIDENT/EXPLORER TRIPS**

**FRANCES 0438 638 079**

**VICE-PRESIDENT**

**BEV 0424 525 230**

**SECRETARY**

**ANNE MUNRO 0411 564 267**

**TREASURER**

**GEOFF 3715 7874**

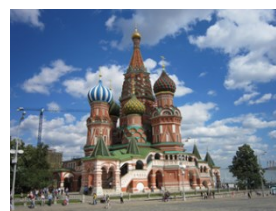
|   |                       |                        |
|---|-----------------------|------------------------|
| NEWSLETTER                              | CHERYL                | 0407 597 812           |
| COACH TRIPS                             | ANN                   | 3376 3760/0432 630 721 |
| DINNERS, FUNCTIONS                      | JENNY                 | 3376 3616              |
| MAHJONG                                 | JUDY HUNOLD/JO MURRAY | 3378 4935/ 0406413836  |
| STEADY STEPS /CHANGES TO ADDRESS/PH NOS | GEOFF HARVEY          | 3715 7874              |
| HEART FOUNDATION WALKING MT OMMANEY     |                       | SEE DOREEN FLYNN       |
| MUSIC AT THE HUB                        | MARJORIE              | 3376 2030              |

***Do you know of any Centenary Seniors members who are unwell? Often we do not know of anyone who has been unwell or in hospital. If you know of any members please call Carol Uren on 0415 722 940.***

***Meetings are first Tuesday each month, February to October, except November (second Tuesday) at the Jindalee Bowls Club at 9.30am. Secretary: Anne Munro. P.O. Box 470 Mt Ommaney. 0411 564 267***

**PROFILE - ANN TUPICOFF Tour of Russia – Moscow to St Petersburg.**

**In 2012, Alan and I decided to take a River Cruise aboard the “Scenic Tsar” down the canals from Moscow to St Petersburg. Alan’s heritage is Russian, so it was interesting to see where his ancestors came from. Getting to Russia involved flying to Paris first. Paris is a beautiful city, and its landmarks are well known, including the Eiffel Tower, the Louvre and Notre Dame. Outside of Paris, we went down to Normandy to see “Mt Saint Michel” an ancient monastery atop a rocky island. To see the monastery there were many steep steps to climb, all of which originally were hand cut by the Monks, then proceeding to the “Palace of Versailles” which was the former home of many French kings and also the signing of the “Treaty of Versailles” at the end of World War 1. Flying from Paris to Moscow, we experience for first time, the tradition of travelling Russian Tourists. As the plane touched down in Moscow, the passengers clapped – its their traditions to thank the pilot for a safe flight. The “Scenic Tsar” ship was to be our home for the trip. Initially, it was moored in Moscow as our base. In Moscow, we visited the “Hotel Savoy” for lunch, the Moscow Circus, the Cosmonaut Centre and Novodevich Monastery. The highlight was visiting Red Square and the surrounding buildings, including the “Armoury”, the Kremlin, Gumm department store and St Basil’s Cathedral. Inside the Cathedral, there was a male trio singing traditional Russian Orthodox hymns. The acoustics were amazing. Setting sail down the canals, we soon left the city and explored the Russian countryside. The Canals were constructed during the Soviet era to help develop the countryside and link a series of rivers including the Volga. In the forest alongside the canal, you would often see the ruins of large factories and mills which were abandoned after the fall of the Soviet state. The ship called at the city of Uglich, which like all**



Russian towns has its monastery as well as apartment blocks that were built by the Soviet Govt as part of the policy that all citizens deserved to have their own house (apartment). Next port was the island of Kizki and the Church of Transformation. The church was located on an island that previously had been home to a research facility so there were signs there saying, “Beware of Snakes”. The Church was a magnificent example of ancient wooden construction. The huge church was built centuries earlier without the need for nails. Also, on the island were some of the old traditional wooden homes called “dacha” which is often a seasonal or year-round second home. In these buildings, there was a lower floor for the animals to be housed during the harsh winter and of course the outdoor “Sauna” which was located some distance from the house. It would have been a bit cold to go and use in winter but that was their tradition. The town of Petrozavodsk was the home of the local Folk Troupe and they put on a traditional show for us. After this, the ship stopped at Svirstoy, which is a recreation of a traditional country village. Here a local couple gave us a traditional farm meal. The mother looked after the house and the father looked after the farm. The mother told us that during the Soviet times, she used to drive heavy earthmoving equipment. After visiting all of the small towns, a full day n evening was spent travelling across the vast extent of Lakes Onega and Ladonga, where ocean going cargo ships could be seen to go past. At that time of year, it was of course summer, so the days were almost without night. 3am in the morning and it was still bright which was a strange experience. The last port was the famous city of St Petersburg. Here history was everywhere. We visited the main centres of the “Hermitage” museum, St Isaacs, Church of the Spilled Blood and the “Fortress of Peter and Paul, where in the Chapel of St Catherine the Martyr, the remains of the last Tsar of Imperial Russia – Nicholas – and his family are located. Also associated with that time in history was “Yusapov Palace” where Rasputin was murdered. The Palaces of Peterhof and Catherine are enormous and very ornate. Their grounds are extensive and feature many fountains. Alan had a special interest in these gardens as one of his ancestors was supposed to have been the Head Gardener there and established much of the gardens. It was then time to return to Brisbane after experiencing an interesting historic country.



CALENDAR 2022

FEBRUARY 2022

|                            |                       |                |                                |      |
|----------------------------|-----------------------|----------------|--------------------------------|------|
| Tuesday 1 <sup>st</sup>    | General Meeting       | 9.30am         | Jindalee Bowls Club            | \$5  |
| Thursday 3 <sup>rd</sup>   | MahJong               | 9-12noon       | Mt Ommaney Library             |      |
| Monday 7 <sup>th</sup>     | Steady Steps          | 9.15am         | Cent.Uniting Church Hall       | \$7  |
| Wednesday 9 <sup>th</sup>  | Evening Dinner        | 6pm            | Nelsons Bistro J'lee Golf Club |      |
| Thursday 10 <sup>th</sup>  | MahJong               | 9-12noon       | Mt Ommaney Library             |      |
| Thursday 10 <sup>th</sup>  | Lunch                 | 12noon         | Monier Hotel Darra             |      |
| Monday 14 <sup>th</sup>    | Steady Steps          | 9.15am         | Cent.Uniting Church Hall       | \$7  |
| Tuesday 15 <sup>th</sup>   | Explorer Trip         | See Attach 'A' | Brisbane River Cruise          | \$65 |
| Wednesday 16 <sup>th</sup> | Evening Dinner        | 6pm            | Nelsons Bistro J'lee Golf Club |      |
| Thursday 17 <sup>th</sup>  | MahJong               | 9.30am –12noon | Monier Hotel                   |      |
| Monday 21 <sup>st</sup>    | Steady Steps          | 9.15am         | Cent.Uniting Church Hall       | \$7  |
| Tuesday 22 <sup>nd</sup>   | Coffee & Conversation | 10am           | Mt Ommaney Food Court          |      |
| Tuesday 22 <sup>nd</sup>   | Committee Meeting     | 1pm            | Mt Ommaney Library             |      |
| Thursday 24 <sup>th</sup>  | MahJong               | 9.30am– 12noon | Monier Hotel                   |      |
| Monday 28 <sup>th</sup>    | Steady Steps          | 9.15am         | Cent.Uniting Church Hall       | \$7  |

MARCH 2022

|                           |                       |                |                              |      |
|---------------------------|-----------------------|----------------|------------------------------|------|
| Tuesday 1 <sup>st</sup>   | General Meeting       | 9.30am         | Jindalee Bowls Club          | \$5  |
| Thursday 3 <sup>rd</sup>  | MahJong               | 9-12noon       | Mt Ommaney Library           |      |
| Monday 7 <sup>th</sup>    | Steady Steps          | 9.15am         | Cent.Uniting Church Hall     | \$7  |
| Wednesday 9 <sup>th</sup> | Evening Dinner        | 6pm            | TBA                          |      |
| Thursday 10 <sup>th</sup> | MahJong               | 9-12noon       | Mt Ommaney Library           |      |
| Monday 14 <sup>th</sup>   | Steady Steps          | 9.15am         | Cent.Uniting Church Hall     | \$7  |
| Tuesday 15 <sup>th</sup>  | Coach Trip            | 8.30am JBC     | Chung Tian Temple Priestdale | \$70 |
| Thursday 17 <sup>th</sup> | MahJong               | 9.30am –12noon | Monier Hotel                 |      |
| Monday 21 <sup>st</sup>   | Steady Steps          | 9.15am         | Cent.Uniting Church Hall     | \$7  |
| Thursday 24 <sup>th</sup> | MahJong               | 9.30am– 12noon | Monier Hotel                 |      |
| Monday 28 <sup>th</sup>   | Steady Steps          | 9.15am         | Cent.Uniting Church Hall     | \$7  |
| Tuesday 29 <sup>th</sup>  | Coffee & Conversation | 10am           | Mt Ommaney Food Court        |      |
| Tuesday 29 <sup>th</sup>  | Committee Meeting     | 1pm            | Mt Ommaney Library           |      |
| Tuesday 31 <sup>st</sup>  | MahJong               | 9.30am– 12noon | Monier Hotel                 |      |

APRIL 2022

|                            |                       |                |                           |     |
|----------------------------|-----------------------|----------------|---------------------------|-----|
| Monday 4 <sup>th</sup>     | Steady Steps          | 9.15am         | Cent.Uniting Church Hall  | \$7 |
| Tuesday 5 <sup>th</sup>    | General Meeting       | 9.30am         | Jindalee Bowls Club       | \$5 |
| Thursday 7 <sup>th</sup>   | MahJong               | 9-12noon       | Mt Ommaney Library        |     |
| Monday 11 <sup>th</sup>    | Steady Steps          | 9.15am         | Cent.Uniting Church Hall  | \$7 |
| Wednesday 13 <sup>th</sup> | Evening Dinner        | 6pm            | TBA                       |     |
| Thursday 14 <sup>th</sup>  | MahJong               | 9.30am-12noon  | Mt Ommaney Library        |     |
| Monday 18 <sup>th</sup>    | Steady Steps          | 9.15am         | Cent.Uniting Church Hall  | \$7 |
| Thursday 21 <sup>st</sup>  | MahJong               | 9.30am –12noon | Monier Hotel              |     |
| Thursday 21 <sup>st</sup>  | Lunch                 | 12noon         | Monier Hotel Darra        |     |
| Monday 25 <sup>th</sup>    | Steady Steps          | 9.15am         | Cent. Uniting Church Hall | \$7 |
| Tuesday 26 <sup>th</sup>   | Coffee & Conversation | 10am           | Mt Ommaney Food Court     |     |
| Tuesday 26 <sup>th</sup>   | Committee Meeting     | 1pm            | Mt.Ommaney Library        |     |
| Thursday 28 <sup>th</sup>  | MahJong               | 9.30am -12noon | Monier Hotel              |     |

**ATTACHMENT 'A'**

**Centenary Seniors Explorer Trip**

|   |   |
|---|---|
| Title                                       | Brisbane River trip to Breakfast Creek with River City Cruises 0428278473   |
| Date  | Tuesday 15 February 2022  |
| Leave from                                  | Mt Ommaney Bus stop at shopping centre:<br>Bus 454 at 9.29 am (bus leaves Summners Rd near Rufus St at 9.15 am and travels along Summners Rd and Horizon Drive) |
| Arrive at                                   | Cultural Centre Station at 10.01 am. Walk to Cultural Centre Pontoon – 300 metres to board boat before 10.15 am   |
| Leave Cultural Centre Pontoon on boat       | 10.30 am  |
| Included                                    | Devonshire morning tea on boat<br>Lunch at Breakfast Creek Hotel: choice of 4 dishes main course  |
| Cost  | \$65.00 per person  |
| Approx time back at Cultural Centre Pontoon | 2.00 pm   |

## ATTACHMENT 'B'

### Granite Highlands Maxi-Tours Proposed tour to Emerald 6 Nights 7 Days

**Day 1 Sunday 15<sup>th</sup> May 7am Pick up Brisbane to Picnic Point Toowoomba for Morning Tea then to Dalby for lunch at Russel Tavern then proceed to Roma with stops as required. Book into Roma Explorers Inn 6.30pm Dinner at Motel Restaurant**

**Day 2 Monday 16<sup>th</sup> 7.30am Breakfast at Motel Load Coach Visit Info Centre Roma and the Big Rig with tour & morning tea stop. Roma War Memorial /The Big Bottle Tree and St Pauls Anglican Church then proceed to Injune Hotel for Lunch then proceed to Emerald with Stop at Rolleston and book into the Western Gateway Motel Emerald 6.30 Dinner at Motel**

**Day 3 Tuesday 17<sup>th</sup> 7.30am Breakfast at Motel Restaurant .  
8.30am Depart for the Visitor Info Centre Guided tour around Emerald Visit Emerald Botanic Gardens ,The Big Easel ,morning tea then the Historical Railway Station, to Fairbairn Dam then out to Springsure for lunch at Springsure Tavern then Tour around Springsure visiting the Federation Woolshed and a visit to Old Rainworth Forte and Cattle Station then return back to Emerald 6.30 pm Dinner at Motel Restaurant**

**Day 4 Wednesday 18<sup>th</sup> 7.30am Breakfast at Motel 8.30 Depart to Rubyvale for Guided Mine tour /morning tea ,Fossicking ,(at Miners Heritage walk in mine )time to browse the gallery then to Lunch at Royal Hotel Rubyvale then to Sapphire for photo opportunities at the Big Ring, The Big Spanner and the Big Pick and Shovel then to Capella Visit Light horse Monument then proceed back to Emerald. 6.30pm Dinner at Motel.**

**Day 5 Thursday 19<sup>th</sup> 7.30am Breakfast at Motel & load coach to Blackwater Coal Mining Museum for morning tea and Self Guided Tour of the Museum and Japanese Gardens then proceed to Rolleston Hotel for Lunch After lunch head of to Injune and Book into Injune Motel 6.30pm Dinner at Injune Hotel**

**Day 6 Friday 20<sup>th</sup> 7.30am Light Breakfast Breakfast at Motel then Load Coach proceed to Roma for morning tea stop then to Chinchilla for Lunch /Botanic Gardens Chinchilla then to Dalby for Overnight stay at The Dalby Manor Inn 7pm Dinner at Motel**

**Day 7 Saturday 21<sup>st</sup> 7.30am Breakfast at Motel Load Coach to Highfields Pioneer Village morning tea and Self Guided Tour then to the Downs Steam Railway Museum for Lunch and Tour then return back to Brisbane**

**The all inclusive cost for the 6 nights 7 days to Roma /Emerald /Rubyvale/Blackwater is \$1365 per person Double or Twin Share.  
Single of \$1665 per person**

**Granite Highlands Maxi-Tours Stanthorpe Qld Ph 0417192179 email [allan@maxitours.com.au](mailto:allan@maxitours.com.au)**

## ATTACHMENT 'C'

### Coach trips for 2022.

#### *Chung Tian Temple - Tuesday 15 March 2022 – depart 830am*

Enjoy a guided tour of the Temple which was constructed in 1992 using traditional Chinese Buddhist Architecture. The temple was established with the goal of integrating eastern culture into Australian Tradition and follows Chinese Palace Architectural Style, employing Gold and Red in the traditional manner of Chinese Emperors. Morning tea, tour and lunch included.

#### *The Butterfly Effect – 10 May 2022 –*

Bribie Island Butterfly House is a project run by volunteers, with all the proceeds going to charities for the underprivileged around the world. Experience the joy of walking amongst the many colourful varieties and observe the Butterflies at all stages of development, from egg to caterpillar and chrysalis to butterfly. Entry, Morning Tea and Lunch included.

#### *Christmas in July on the Brisbane River – 19 July 2022*

Departing the Cultural Centre at 930am, enjoy a Devonshire Morning Tea as our cruise takes you upstream for over 20 kms, through some of the city's most attractive suburbs. You will have the opportunity to disembark the boat and take a short walk at Sherwood Forest before returning on board for a lovely Christmas style lunch. After lunch, a pleasant cruise back to Brisbane city and the Cultural Centre Pontoon for disembarking at 315pm.

#### *Cane fields and Cabbage Trees – 20 Sept 2022*

Today. We travel south of the Logan River to the cane fields of Alberton, Gilberton, Norwell, Stegelitz, Woongoolba, Jacobs Well and Pimpama. Crushing will be in full swing at the Rocky Point Sugar Mill and cane in the fields will be getting harvested. A lovely morning tea beside the water at Cabbage Tree Point and lunch at Pimpama as you hear about the history of this area once known as Pimpama Island. A stop at Yatala on the way home if you'd like to buy a pie for dinner.

#### *OP Shop Hidden Treasures – Tuesday 15 Nov 2022*

If you love labels, fashion history, collectable antiques and pre-loved clothing, then join us on our OP Shop Hidden Treasures Sojourn, visiting several second-hand outlets in the northern suburbs. Enjoy Lunch at a local Club before continuing on to more outlets in the afternoon. Fare includes travel, Morning Tea and Lunch.