

# NATIONAL SENIORS AUSTRALIA FRANKSTON BRANCH

## APRIL NEWSLETTER 2020

*LATE NEWS: On instructions from Head Office, our Frankston Branch will close for the next two months, we will endeavour to keep you updated.*

Frankston Branch  
National Seniors  
Australia

PO Box 1214

Frankston Vic  
3199

Incorp Reg No.  
A0021438T

We meet at 10.30  
am last Wednesday  
of the month at  
Francis Xavier Hall.

Come along earlier  
and have cup of tea  
at 9.30 –10.30 am  
prior to meeting  
starting at 10.30  
am.

Advertisements  
from Sponsors on  
page 4 - please sup-  
port our sponsors.

COM meeting  
To be advised

Next General  
Meeting  
To be advised

Lifetime members:  
Doreen McLaren  
Roy McLaren



### Message from Marion

Another warm welcome to the April newsletter. Of course the corona/virus is filling our TV's so all I can say to you is I hope you are all well and taking it in your stride, as Seniors you do just that. Of course there are sensible precautions to take which I'm sure you all know anyway but here are a couple for you. Try to sip water during the day not really cold as the virus hates heat. The viruses lives on hands for 5 to 10 minutes so if in contact with someone give the hands a good slather. We have not reached the stage of not shaking hands etc.; but it doesn't hurt to be cautious. Most of us have been going around doing what we do regardless especially down here away from the maddening crowd so until told otherwise lets just get on

with it. I also have some sad news this month, which affects our club. Our wonderful Secretary Mary has decided it is time for her to resign from Committee / National Seniors. Mary has been a wonderful asset to this club and a dependable and resourceful Secretary to me helping out with many things not related to her position. As you can guess the position is now up for grabs so any one interested in helping out with any position on Committee we should be able to do some shuffling. Your chief advocate for NSA Ian Henske is working on a Campaign regarding the high cost of electricity. There is a petition on line for those who are able and it seems some progress has been made with the Government regarding this matter. There are of course other items on Ian's agenda that will affect all of us Seniors so do try to get a copy of Seniors Newspaper, which I will have to chase up again as we have not had a delivery this year. A thank you to Lorraine for organising our trip to Beleura and to Barbara for filling the seats on the bus with members from Fab 50's. What a beautiful day we had. The weather Gods looked kindly down on us once again with warm sunshine cool breezes and wonderful company. I was there years ago and the changes are significant. Plenty of spots to have a rest and or not, take a certain path or just finish and take in the wonderful clean fresh air. Lunch was special in a special venue, Mornington Golf club, if you haven't been there well worth a visit. That's it for this edition as we farewell Mary and hope she enjoys her well earned leisure

Remember life isn't measured by the number of breaths we take,  
But by the moments that take our breath away.



### Welfare report from Margaret McGrath

No sickies reported this month, take care and keep well. **Late news:** Henny had a car accident, we hope she is recovering well.

When I was a Scout we went camping. My Scout Leader said just use the leaves to wipe. It was poison Ivy! Please don't give this advice in the current toilet paper situation. Cheers Margaret

97869264



## COMMITTEE CONTACTS

<b>President and Zone Delegate</b>	
Marion Tracey	9776 6648
	0425704481
<b>Vice President</b>	
Margaret Norton	0437830256
<b>Secretary</b>	To be advised
<b>Newsletter</b>	
Mary Smith	97731471
	0424570811
<b>Treasurer</b>	
Barbara Hamilton	0417119882
Mike Smith (assistant treasurer)	0418144883
<b>Events Co-Ordinator</b>	
Lorraine Mammana	0410796031
<b>Speaker organiser</b>	
Linda Ward	0424553117
<b>General Committee Members</b>	
Lynne Jerman	97660345
Astrid Shead	97860003
<b>Other useful numbers</b>	
<b>Welfare</b>	
Margaret McGrath	97869264

*Happy birthday to :*

*Toni Robbins, Coral Godfrey,  
Vera Duane . Carolyn Waddell*

**HAPPY  
BIRTHDAY!**



Cancelled due  
to Covid19





**Outings—Lorraine—0410796031**



**Future trip (when Club re-opens)**



**Photo is Kilcunda Hotel**

National Vietnam Veterans Museum, Phillip Island— cost \$35.00 (includes \$10 entry to Museum)  
Lunch at Kilcunda Ocean View Hotel - at own expense.  
**Departs Ballam Park at 9.00am**

**Future trip (when Club re-opens)**

Warrook Farm Tour with Lunch at the farm restaurant  
Location: Monomeith, 9am Departure rear of Ballam Park -(entry off Naranga Crescent rear of football club and Primary School)

We will stop at Tooradin for morning tea—**Tour caters for those with limited mobility** Farm tour by wagon Total Cost \$55.00



Breathe in farm fresh air, meet the wildlife and farm animals at historical Warrook. Milk a cow in the dairy, crack a stockwhip, bottle feed baby calves. Step inside a century old shearing shed, watch sheep shearing, learn about wool grading and feel the lanoline in the wool. Learn how to make damper and billy tea. Get close to Australian wildlife and feed kangaroos in a natural setting, get up close to a koala for a photo opportunity (coming soon!). See emus, alpacas, birdlife and other animals in this 130 year old farm setting. Stay on for lunch – a traditional Australian roast dinner with all the trim-

**Speakers – Linda Ward – 0424553117**

April's speaker. Geoff Crawford and "what lies beneath". This is about decluttering.

We all need this, I am sure you will agree! (Postponed)

**TREASURER – BARBARA HAMILTON – 0417119882**



*Everyone to stay safe through these troubling times*

As usual, when paying for trips, exact money would be appreciated.



**We appreciate the help of our sponsors, please do use them**

**BRONTOBYTE  
IT SERVICES**

NO FIX NOT A SELL  
24/7 SUPPORT

f /BRONTOBYTE.ENGINEERING  
EMAIL: INFO@BRONTOBYTE.NET.AU

PH: 0421 489 179  
HTTP://WWW.BRONTOBYTE.NET.AU

**Vivienne Weston**

Director

tel 03 9781 2111

fax 03 9781 2411

mobile **0439 814 310**

482-484 Nepean Highway  
Frankston VIC 3199

**vivienne.weston@raywhite.com**  
raywhite.com

**RAY WHITE**

Frankston

**MOBILE PAINT & BUMPER REPAIRS**

**TOUCHUPGUYS**.COM.AU

Established 1991

*"The best repairs always go unnoticed"*

**Roland Andersen**  
Owner/Operator  
Touch Up Guys - Frankston  
**0418 753 433**  
roland.andersen@touchupguys.com.au  
ABN: 52 078 943 058  
2/20 Heversham Drive  
Seaford Vic 3198  
www.touchupguys.com.au

**DENTAL PROSTHETIST**  
Caring For Your Teeth

Allan J. Jackson Assoc. Dip. Applied Science RMIT  
(Dental Technology)

**Accredited to Veteran Affairs & Victorian Denture Scheme**

- Upper and Lower Dentures • Partial Dentures
- Repairs • Mouth Guards

52 Cranbourne Road  
FRANKSTON VIC 3199  
Phone: 9783 2238 FAX: 9783 9942

**Greenlife**  
lawns and gardens

**JULIE GREENSMITH**

E: julie@greenlifelawnsandgardens.com.au

A: PO Box 4012, Langwarrin VIC 3910 M: 0422 604 715

**NEPEAN HEARING**  
FRANKSTON | HASTINGS | CRANBOURNE  
E info@nepeanhearing.com.au  
P 9783 7520

**National Seniors Australia Frankston Branch**  
acknowledges the printing of this newsletter by Helme Printing  
5/14-16 Tova Drive, Carrum Downs, 3201, as a community service.